


**SHARE MY LOVE**  
**I CAN'T PASS IT ON**



A man in a red and black plaid shirt and a grey flat cap is the central figure, holding a sign high above his head. The sign is white with a blue border and contains the text 'SHARE MY DREAMS' in orange and 'I CAN'T PASS IT ON' in black. He is surrounded by a large, diverse crowd of people, some of whom are looking towards him. The background shows trees and a bright, outdoor setting.

**SHARE MY DREAMS**  
**I CAN'T PASS IT ON**

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## Living Positive Victoria

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*“As an organisation we want to see people not just survive with HIV, but to thrive and to live our lives to our full capacity.”*

Richard Keane, CEO

For 30 years, Living Positive Victoria has been committed to the advancement of human rights and wellbeing of all people living with HIV. As a community-based organisation run by and for people living with HIV, we position ourselves to adapt to the ever-changing HIV landscape and continue to offer programs and services that meet the diverse needs of the community. Our services reach a member base of close to 2000 individuals, their partners and family members across all races, ethnicities, genders, ages and sexual identities.

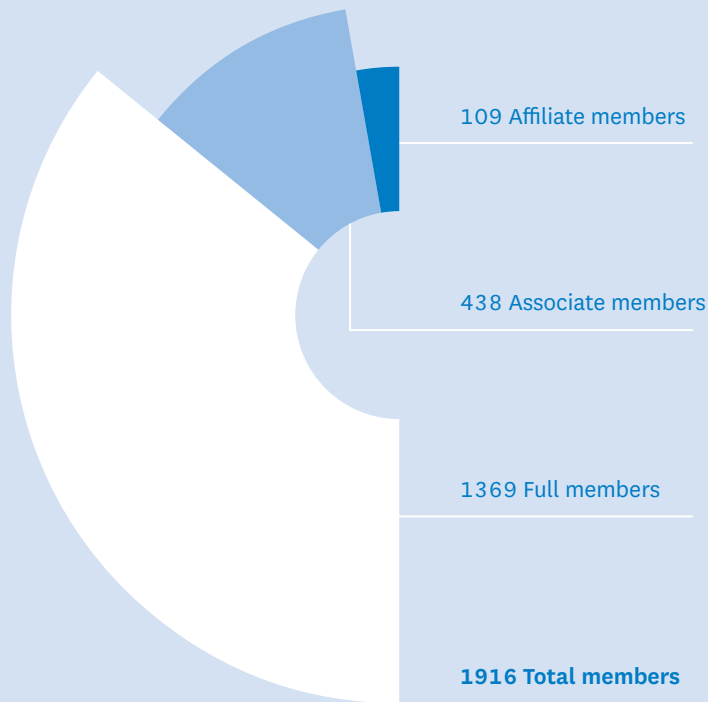
## OUR VISION

Living Positive Victoria shares the vision of the National Association of People with HIV Australia (NAPWHA) of a world where people living with HIV live their lives to their full potential, in good health and free from discrimination.

## OUR MISSION

To enable and empower all people affected by and living with HIV in Victoria to be part of the response that seeks an end to the HIV epidemic.

## OUR MEMBERS



# WHO WE ARE

The central role played by people living with HIV is a key strength of the Australian HIV response.

To better understand, demonstrate and strengthen the impact of peer and community led organisations, Living Positive Victoria has been a long-term partner in the *What Works and Why* (W3) Project\*. This collaborative study developed the W3 framework which articulates the role and influence of peer organisations in rapidly changing community and policy environments.

In this 2018/19 annual report, we have drawn on the W3 framework to illustrate examples of how Living Positive Victoria is achieving the four key functions of successful peer-led organisations: Engagement, Alignment, Adaptation and Influence.

## ENGAGEMENT

The diversity of people with HIV and their experiences is constantly changing. Here we provide examples of how Living Positive Victoria is engaging with, supporting and learning from the many communities of people living with HIV and their unique journeys.

## ALIGNMENT

We strive to achieve more alignment between the changing needs of people living with HIV and the overall state and national response to HIV. Here we provide examples of how Living Positive Victoria is collaborating with and supporting our partner organisations in health, research, policy and community to enhance the lives of people with HIV.

## ADAPTATION

Drawing on the experiences of our clients, volunteers and peer staff, we are constantly updating our understanding of the changing experiences, needs and strengths of the body positive. Here we provide examples of how Living Positive Victoria is learning from our community engagement, the evaluation of our programs, and our partnerships with research and health services, to ensure our programs keep evolving in tandem with our communities.

## INFLUENCE

Living Positive Victoria is committed to improving the quality of life of people living with HIV and reducing experiences of stigma. Here we provide examples of the impact we are having in their lives, their communities, the services they access and the policies that affect them.

- \* The W3 Project is a collaboration between peer and community organisations and the Australian Research Centre in Sex, Health and Society to support community and peer-led programs to adapt, scale-up and demonstrate their impact in rapidly changing community and policy environments. For more information see [www.w3project.org.au](http://www.w3project.org.au)

# ABOUT THE REPORT



*“It has been my absolute privilege to take over from Christabel Millar as President for 2018 – 2019.*

*This has been a very strong year for our Board, following on from the resounding success of the 30th anniversary event.”*

Adam Ehm, President



# PRESIDENT'S REPORT

I've grown considerably personally and professionally from stepping up to be President of Living Positive Victoria. This role has challenged me more than many other HIV engagements I've undertaken to date and has allowed me to lead a team of passionate and skilled Board of directors, as well as working closely with our CEO, Richard Keane, to continue the sound and transparent governance of the organisation.

Key achievements for the 2018 – 2019 year included:

- Living Positive Victoria successfully passing a rigorous auditing process by the Victorian Department of Health and Human Services.
  - The renewal of the MoU between Living Positive Victoria and Positive Women Victoria.
  - 360 reviews were undertaken of the CEO, Board and President, highlighting a range of strengths for each, but also opportunities for improving how the Board functions, and how the CEO and President work within their respective roles.
  - Two new working groups were established; i) Governance, and ii) Fundraising and Development. These working groups have allowed for focussed action to be undertaken within their respective areas, particularly with regard to policy review.
  - Supporting Positive Lives Tasmania; Living Positive Victoria attended the launch of the organisation, with a view to continuing to support Tasmanian PLHIV who are members of Living Positive Victoria.
- Intra-board governance training was once again organised for Board members of Living Positive Victoria and Positive Women Victoria.
  - Living Positive Victoria supported the Victorian African Health Alliance Network with organising a community forum for World AIDS Day. This was a fantastic opportunity to meet a range of leaders in the space, and hear from them about community concerns such as stigma and discrimination, lack of access to culturally appropriate services and about specific concerns that African women have who are living with HIV in the country.
  - One of our Board members drafted and submitted an excellent and detailed business case for the organisation to consider in relation to utilising sport as a tool to engage the Body Positive in Victoria and raise the visibility of PLHIV.

During the 2018 – 2019 period, Living Positive Victoria marked our 30th Anniversary with an event held on 1 November at the Southbank Theatre. The celebrations revolved around four pillars:

- Visibility
- Membership growth and engagement
- Donations & fundraising opportunities
- Education

A total of 280 Invitations were sent out nationally to key individuals, sector-allies, partner-stakeholders, past and present Board members, staff and long-term committed volunteers, with approximately 200 people in attendance on the night.

Guests heard addresses based on the lived experiences of GenNext member Craig Burnett and staff member Anthony McCarthy, as well as observations pertaining to Living Positive Victoria's 30 year journey and future visions from the CEO and outgoing President. Four long-term staff members were presented with service awards for over 50 years collective service to the organisation; Suzy Malhotra, David Westlake, Max Niggel and Vic Perri. What a wonderful achievement indeed!

In order to ensure continuity of engagement and sound governance, I have decided to remain as a Board director. I would like to sincerely thank my fellow Board directors and the incredible staff and volunteers for their ongoing support provided to me as President. It's been an absolute honour to represent such a well-respected organisation as Living Positive Victoria and I look forward to our continued success in supporting those living with HIV in Victoria.

Board engagement is critical for the community led HIV response, and one key form of meaningful engagement of people living with HIV. I would like to invite any member of Living Positive Victoria that has particular skills, passion and determination to make a real difference and consider joining our board in the future.



**Adam Ehm**  
President  
Living Positive Victoria

*“It’s been an extraordinary first year for me as CEO of Living Positive Victoria. The privilege of leading this organisation has allowed me to slowly start to move towards our shared vision of consolidating programs and staffing after an extended period of change, and further integration of services post-merger with Straight Arrows to offer a broader range of relevant accessible engagement opportunities for all people living with HIV in Victoria.”*

Richard Keane, CEO



There continues to be a significant shift in the demographics of those newly diagnosed with HIV in our state, as well as where these diagnoses are taking place.

Around 43% of people diagnosed with HIV this year are being diagnosed outside of high case load clinics in general practices right across the state. The removal of pre and post-test counselling requirements by the State Government this year was a clear indication that this may well become the norm in the future, enabling GPs to be more responsive when an individual seeks an HIV test rather than having to refer to another practitioner or high case load clinic.

Living Positive Victoria welcomes the removal of barriers to testing and hopes to leverage the strength of our partnerships. This will ensure people living with HIV are central to developing the support and referral frameworks that GPs will need to assist them in providing the best model of care for people receiving a positive result, no matter where they are located.

Treatment as Prevention (TasP) and Pre Exposure Prophylaxis (PrEP) have made a significant impact in reducing the overall rates of HIV, but this has not been spread evenly among all of our diverse communities. We still see notification rates of heterosexual men and women staying fixed at rates of 12% and 10% of new diagnoses respectively.

We have seen an increase of diagnoses in the numbers of Asian men who have sex with men and more generally those born outside of Australia and international students.

# CHIEF EXECUTIVE OFFICER'S REPORT



A combination of low sexual health literacy and language barriers create a power imbalance in negotiation of sexual activity. These populations are also particularly vulnerable to issues around visa status, Medicare ineligibility and access to effective treatments or biomedical prevention. Compassionate access to a limited range of treatment options from pharmaceutical companies is very much welcomed, but is not a long-term solution to this critical issue.

Our amazing peer navigation team, in partnership with high case load clinics, have worked tirelessly to ensure that interpreter services are available to assist in the understanding of sometimes complex information for their clients and that these supports are extended to them in accessing further peer programs like our Phoenix workshops. The cost of this support is around \$1,500 per person and at this time we are still having to find savings from other program areas to cover this cost. We hope that we might receive further funding to ensure that there is true equity of access at Living Positive Victoria. For me, this is non-negotiable and central to our mission.

There has been a marked increase in our membership of both trans men, trans women and people who identify as non-binary. I was delighted for the second year running to present, alongside Sally Goldner, to 4th year medical students around trans issues and HIV. I hope that in the years ahead, we might be able to build the confidence and capacity of people from gender diverse communities so that they begin to speak to these students about their own journeys through an HIV diagnosis.

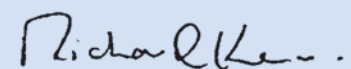
Much of the impact we are able to have on the broader HIV agenda relies on the trust, strength and collaboration of the local Victorian HIV partnership response centred on the four pillars of the Victorian HIV Strategy. Having an HIV positive voice at the table reinforces an effective community-led response that has been key to our success over the 30 years of this organisation's advocacy, support and empowerment model.

The organisation has engaged broadly and diversely over the course of the year and I am proud to note the following achievements this year:

- In partnership with Thorne Harbour Health (THH), we continue to share the funding and facilitation of the Stanford Model of chronic disease management for people living with HIV 50 years of age and over.
- Living Positive Victoria Health Promotion Officer, Tim Krulic has been able to continue his PHD placement in partnership with ARCSHS around the implementation of the W3 (What Works and Why) framework across all of our peer support and health promotion activities allowing us to develop and strengthen our data and evidence base around the effectiveness of our programming.
- We saw the emergence of a Spanish and Portuguese-speaking HIV peer support group driven by extremely passionate South American expats, allowing people from these communities to bridge that sense of isolation and poorer quality of life outcomes often magnified by cultural and language barriers.

- Our role in Fast Track Cities, the HIV Cure Consortium, the HIV Cure Advisory Board at the Doherty Institute, the Victorian PrEP Accord, the Hepatitis C cure rollout and HIV Intersections of Community Practice enable the many issues that impact our lives to be addressed at the highest level of engagement.
- I was delighted to attend the launch of Positive Lives Tasmania this year in Hobart. The development of a peer-driven organisation to engage in support and partner with existing services at TasCAHRD gives us further opportunities to support positive people in Tasmania, allowing access to some of our Victorian peer-led programs. We hope to see this partnership continue to thrive in the years ahead.

As a member-based organisation, Living Positive Victoria is here for you, our members. Together, we continue to go from strength to strength and I am proud to act as CEO of an organisation with such an important and vital mission for so many Victorians.



**Richard Keane**  
*Chief Executive Officer*  
*Living Positive Victoria*

## ENGAGEMENT

It is important for people living with HIV to feel a sense of ownership of our diagnosis within ourselves and our community. Active participation in community creates a connection with other people, enabling more rewarding and fulfilling experiences both similar to and different from our own.

## REALISING CONNECTION, SUPPORT AND DISCOVERY

To offer opportunities for people living with HIV to feel that they are not alone is key to overcoming some of the biggest challenges they face. Living Positive Victoria provides programs that can engage people on multiple levels, allowing them to find connection and support that can be life-changing. Here's a story that shows how just one step can lead to a journey of discovery.

*"I remember my doctor suggesting I engage with Living Positive Victoria but it was a really big thing for me to reach out. Finding the hetero community gave me a sense of 'I'm not the only one' but it wasn't enough. I had to persist and keep looking because I needed to find people who I could connect with and feel comfortable sharing with. I went to the adults retreat for heterosexuals, but I was really struggling and lonely, in a world of my own pain. I even nearly left. I finally turned the corner and found some relief on the last day of the adults retreat. I made a connection with one other person and it really changed my whole weekend. I went from having a bad weekend to having a really great experience. That person continues to be a true friend, and now I have made other lifelong friends amongst our community.*

*"I've become more open and friendly amongst our group, and I feel like I want to be prominent in our community. I need to start putting more in to this.*

*When the PLDI opportunity came along I took it. And that was really exciting. It was such a great education, and I got to meet a diverse group of people within our community. I've done the facilitation training and the Speakers Bureau training and I'm about to do the volunteers induction too. Every time I'm getting ready for another group or weekend, I think shit, I'm going to give up another weekend! But every time at the end of that session or weekend. I feel so good and I have this amazing feeling. Not once have I had a bad experience participating in the groups and training run by Living Positive Victoria. You get that feeling of not being alone and being part of something that's bigger than yourself. Like it doesn't matter where you come from, we're all in this together and we can support each other. There are so many different stories and it's quite a good feeling to get involved."*

# ENGAGEMENT

## OPENING NEW DOORS

Living Positive Victoria's engagement with the community through the Phoenix program for people newly diagnosed with HIV, continues to show evidence of long-term positive individual benefits such as increased confidence, social connectivity, ease of disclosure and broader health literacy.

The program caters to all sexualities and gender identities, with 30 people participating over four workshops in 2018/19. Evidence has shown that increasingly, Phoenix participants go onto engage with other programs such as the Positive Leadership Development Institute and the Positive Speakers Bureau.

## MIXING IT UP

Planet Positive is our seasonal social gathering designed to bring people living with HIV from all backgrounds together and inclusive of age, gender identity and sexuality. The 'socials' particularly encourage the inclusion of families and friends of our participants, regardless of HIV status. These free events bring a diverse collection of between 80 – 100 people together four times a year for a BBQ lunch along with refreshments and the chance to take home one of a number of giveaway gift hampers.

*"I remember how scared I was waiting for our first session to start, full of misconceptions, and self-doom. At the first Phoenix session I listened intensely, learning about how my life was going to change. The information I gained at each session helped me to accept and understand what would now be my new life and kept me coming back for more. By the end of the workshop I felt stronger. Not that I was having to deal with a new life, but with the fact I could still continue in my normal life with the understandings I had gained from visiting professionals and other members of the group. Nine years later, I take a tablet every morning and nothing else has been impacted. I'm leading a happy life and I often attribute it to those Phoenix sessions. Thank you for changing my life and understanding."*

Phoenix participant 2019



Planet Positive Winter social, June 2019.



## DARING TO DREAM AGAIN

Our Dinner and Chat evenings for heterosexual men have grown significantly over the past year, with a dedicated group of men attending. More and more HIV positive men are taking a blind leap out of isolation to connect with each other for the first time at these monthly get-togethers. This year has seen some remarkable growth in the individuals attending. Three participants went onto other Living Positive Victoria programs, with two of the men stepping up to facilitator roles.

It is profound what can be achieved when certain simple ingredients are put into place. A private space to meet, good food and the clearly articulated values of confidentiality and respect. The men make the most of the opportunity to talk and listen about their experiences, challenges and triumphs of living with HIV. In the words of one of the men, "I am daring to dream again".

The men say they come to:

- Meet new people and form friendships, because HIV can be lonely.
- Listen and share stories.
- Give and receive encouragement and confidence.
- Help in some way e.g. be an example to others, pass on knowledge and watch others grow.

## CREATING LASTING CONNECTIONS

Bringing families together through social events that appeal to all members of our community provides a source of connection and help alleviate loneliness and assist in developing friendships that extend beyond the services we offer.

Our regular women's days, Planet Positive, lunches & dinners for women and heterosexual men, a Christmas party and a family day are designed for people who are new to our services. These programs provide activities not only offering social support but, importantly, are a safe, accessible entry point into our wider range of services such as the Peer Navigation program, the Phoenix workshops, our camps and retreats, and the Positive Leadership Development Institute. They are also an informal opportunity to offer support and information to people who need it.

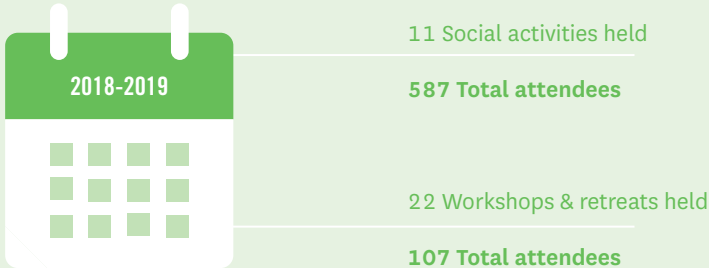
The family camps and retreats support the social participation, resilience and recovery of people living with HIV and their families by providing an opportunity for peer support, counselling and other activities that promote health and wellbeing. We run facilitated workshops that focus on up-to-date information on treatment, prevention and reducing HIV self-stigma. Participants also take part in challenges that promote problem solving, resilience and team work.

For many participants, the most important part of the camps and retreats are the connections they make with other participants, coupled with the support and knowledge of the staff. Participants find the opportunity to openly discuss the impact of HIV on their lives with others who share their experience invaluable. For some, this is the only opportunity they have to connect with other people living with HIV.

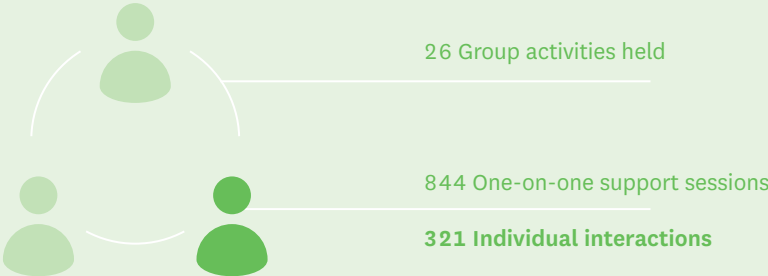
### OUR VOLUNTEERS



### SOCIAL ACTIVITIES, WORKSHOPS & RETREATS



### PEER SUPPORT ACTIVITY



## ALIGNMENT

**Investing in partnerships, both strategic and operational, across the sector creates an alignment of aims and missions that goes towards strengthening our community. A sharing of ideas and resources helps to build the capacity and resilience needed to drive change.**

## UNDOING STIGMA AND BREAKING DOWN BARRIERS

Living Positive Victoria's strategic and operational alignment with a number of local and national HIV sector bodies facilitates opportunities to engage broadly over multi-networks about how HIV affects us and others, regardless of our personal circumstances, cultural heritage, gender or sexuality.

On World Refugee Day in June 2019, the Centre for Culture, Ethnicity and Health and Living Positive Victoria co-presented a free community forum that explored barriers and enablers to accessing HIV prevention services. The forum discussed emerging issues relating to HIV prevention among refugee and migrant communities and specifically addressed the question of why, despite major scientific breakthroughs, has HIV still not been eradicated?

The forum was geared towards allowing the public access to community workers such as doctors and peer workers on issues about living with HIV or those who feel they may be at risk. The forum reached out to people who have little or no knowledge of HIV, such as those newly arrived in Australia from homelands that do not offer the same degree of education and support that we experience here in Australia.

The Victorian African Health Action Network (VAHAN) invited Living Positive Victoria President, Adam Ehm, CEO, Richard Keane and Peer Support Manager, Sara Graham to join their 2018 World AIDS Day community forum on what HIV means to African Australians today. Representation at events such as this strengthens Living Positive Victoria's ability to respond to the ever-changing challenges facing CALD communities and to contribute to the Australian and Victorian response to these issues through meaningful engagement.

A presence at St Kilda's Living and Loving in Diversity Conference in September 2018 allowed us to reach a diversity of LGBTIQ individuals and groups from multicultural backgrounds. Our alignment with this conference provided the opportunity to engage on issues around living with HIV that are relevant to these LGBTIQ multicultural individuals and groups. Living Positive Victoria's Vic Perri and Cristian Cortez Garzon joined other GLBTIQ community leaders to form the conference committee.



Living Positive Victoria, Adam Ehm, speaking at the Victorian African Health Action Network forum for World AIDS Day 2018.

# ALIGNMENT



## LEARNING FROM OUR SECTOR PARTNERS

Drawing on our peer and community insights, we provide guidance to the development and implementation of research, analysis and interpretation of results, and the application of the findings to policy and practice.

This year we have continued to support key national research studies such as:

- HIV Futures – the national survey about the quality of life of people living with HIV throughout Australia (Australian Research Centre in Sex, Health and Society).
- RISE Study – the national survey of people recently diagnosed with HIV and their experiences of support (Kirby Institute; Australian Research Centre in Sex, Health and Society).

Living Positive Victoria has also been a co-investigator on the following studies:

- Peer Navigator Implementation Research Study: where we have been applying implementation science research approaches to enhance the Peer Navigation program (with Australian Research Centre in Sex, Health and Society; Viiv Healthcare).
- PozQoL Implementation Trial: where we have been trialling the use of the PozQoL Quality of Life scale within our peer programs (with Australian Research Centre in Sex, Health and Society; National Association of People Living with HIV, and a range of peer, community and health care services across Australia).
- W3 Project Application Study: where we have been developing and trialling tools and approaches to enhance the evaluation of peer-led programs (with Australian Research Centre in Sex, Health and Society; and Harm Reduction Victoria).

## VALUING OUR COMMUNITY

Living Positive Victoria is committed to evaluating and learning from the work we do and being accountable to our communities and to our funders. During the past year we have increased the quality and depth of our program evaluation and the way we share these results. Through the continuing application of the W3 framework, we have enhanced the quality and impact evaluation of our programs.

Through these enhancements we are:

- collecting more meaningful data that captures the unique impact of peer-led health promotion;
- increasing our confidence in using peer evaluation methods; and
- building more rigorous evidence and a consistent language to describe the contributions of peer-led responses.

For example, we have shown that our workshops, retreats, and peer support programs for people living with HIV are maintaining high quality peer interactions, adapting to the changing needs of clients, and are having quantifiable impacts on improving client's resilience, quality of life, and capacity to manage HIV in their lives. We have also demonstrated the community mobilisation and policy influence outcomes of campaigns such as the ENUF campaign. We presented the results of our program evaluation at the 2018 Australasian HIV/AIDS Conference.

## PARTNERING TO CREATE CHANGE

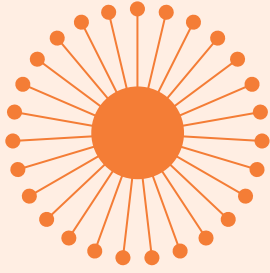
The 2019 Royal Commission into Mental Health recently sought advice from the HIV sector in asking for submissions to help understand the complex nature of mental health in Australia. In response, Living Positive Victoria has partnered with Thorne Harbour Health and Positive Women Victoria to create a submission on behalf of all people living with HIV in Victoria.

While a lot of topics were covered, our submission focused on what could be done to help people living with HIV better understand and manage their mental wellbeing.

A key recommendation from our submission was to increase funding and support for Living Positive Victoria's Peer Navigation program. Since its inception in 2018, this program has helped many people living with HIV to navigate some of the barriers associated with their HIV diagnosis. Our submission also asked for more funding and support of wrap-around services, such as low-cost meal programs, recreational and physical activities, housing support, home care and employment services. Our ability to expand the provision of these services will go towards helping those who may have compounding factors that affect their mental wellbeing.

The submission was very well received. As a result we have been asked to participate in a roundtable meeting to further inform the process of the Royal Commission.

The success of this alignment between Living Positive Victoria, Thorne Harbour Health, Positive Women Victoria and the Royal Commission has allowed us to keep working together to make sure that the mental wellbeing of people living with HIV is a topic that continues to receive community attention.



## PARTNER ORGANISATIONS AND AGENCIES

Alfred Health

Australian Research Centre in Sex,  
Health and Society

Bolton Clarke

Burnet Institute

Centre for Culture, Ethnicity & Health

Doherty Institute

Fast Track Cities

Gilead

Haemophilia Foundation Australia

Harm Reduction Victoria

HARP Service Barwon Health

Hepatitis Victoria

JOY 94.9

Kirby Institute

mHIVE – Melbourne HIV Exchange

Monash Health

Multicultural Community Action Network  
(M-CAN)

National Association of People Living  
with HIV

North Richmond Community Health  
Centre

North Western Melbourne Primary  
Health Network - VIHHTAL program

Positive Women Victoria

RMIT

Thorne Harbour Health

TIM (The Institute of Many)

VAHS (Vic Aboriginal Health Service)

Victorian African Health Action Network

ViiV Healthcare

## NATIONAL STUDIES SUPPORTED AND PROMOTED



HIV Futures

RISE Study

Peer Navigation Implementation  
Research Study

PozQoL Implementation Trial

W3 Project Application Study

## CONFERENCES ATTENDED



*International AIDS Conference,*  
Amsterdam, from 23 - 27 July 2018

*Living Loving in Diversity Conference,*  
Melbourne, 21 - 23 September 2018

*Australasian HIV&AIDS Conference,*  
Sydney, 24 - 26 September 2018

*International AIDS Society (IAS)*  
*Conference on HIV Science,*  
Mexico City, 21 - 24 July 2019



Over the 2018-2019 period Living Positive Victoria unwrapped the science of U=U to address what lies at the heart of HIV stigma. Living Positive Victoria's Senior Communications Officer, **Brenton Geyer**, describes how the organisation created a set of messages that changed the way a lot of people viewed U=U.



# SHARE MY LOVE

It seems that wherever we turn at the moment, the ever-present message is U=U. It's a powerful life-changing and life-saving message, but what does it really mean and who's actually taking notice?

To the converted – which will be many of you – our understanding of Undetectable = Untransmittable is a foregone conclusion: we've been tested, we're on effective treatment and we can't pass on the virus.

A lot of the struggle in living with HIV is an emotional one, rather than physical. A lot of us who've been HIV-positive for more time than we care to recall, live free of any debilitating or confining medical conditions that could stand in the way of living a long and healthy life. However, our mental outlook could do with some nurturing and some stroking. This is where we can put the U=U message to its best work.

U=U can be about much more than just sex. We can now learn to love again, to connect via the heart and the mind, to share so much more than our bodies. To share our love. To share our dreams and our fantasies.

It is with this whole approach to U=U that we can build true resilience against the prevailing stigma that we as people living with HIV are faced with on so many levels. It's this stigma that can hold us back, build walls around us, and stop us from being the people we really want to be, hope to be, and certainly can be.

It is with this aim that Living Positive Victoria developed a set of messages this summer to – not only represent the intent behind U=U – but interpret it in a way that invites us to explore how U=U can mean so much more than the science it stands for.

Creating a set of messages to align with a train of thought such as this is no simple matter. From a seed of an idea, the message needs to be formed into factual, meaningful and digestible bites of creative wordsmithing. This can involve a whole team of people coming together to arrive at a consensus of thought.

To achieve this, we dissected the meaning of U=U and came up with the many ways that having an undetectable status can improve our lives. We decided that U=U had benefits for the heart and soul, through our need to love ourselves and others, through our need to express and share our thoughts, and our need for meaningful intimacy. It wasn't too long before the Share My Love campaign was born to convey the message that we can freely share our fantasies, share our touch and share our dreams – along with our bodies.

Living Positive Victoria's Share My Love campaign has become the driver of the U=U message that if you are on effective HIV treatment, you can't pass the virus on and, equally as important, that being HIV-positive should not be a barrier to sharing who you are and who you want to be.

*“Beautifully said, better than I ever could. I read this with tears in my eyes. Thank you for understanding and articulating the meanings behind U=U so eloquently.”*

Bruce Richman, Founder & Executive Director, Prevention Access Campaign / U=U campaign. New York, NY, 2019.





In November 2018 Living Positive Victoria marked its 30th anniversary with a celebration of past achievements. HIV positive community elder, **David Menadue**, reflects upon his experiences of the 30th anniversary celebration and what it means to him to be living with HIV in 2019.



HIV sector advocates and champions at the 30th anniversary event of Living Positive Victoria in November 2018.

From left:  
Ro Allen, Victorian Commissioner for Gender and Sexuality; Richard Keane, Living Positive Victoria CEO; Budi Sudarto; David Menadue.

# THE ESSENCE OF OUR COMMUNITY

Some of us have lived with HIV for 30 years or more. Some of us were not even born all those years ago. However, we all have a need to find 'our community' sometime along our journey.

For most of us, it becomes all-important to share our thoughts and fears, either close to our diagnosis or further down the track.

2018 was the 30th anniversary of Living Positive Victoria, and the very glamorous celebration of this milestone at the Southbank Theatre in the Arts Precinct was a fitting marker for an organisation that has gone from strength to strength, as the need for its services and peer support have become so essential to many of us.

I include myself in this because I still need Living Positive Victoria as a reference point for the latest information on HIV policy, advocacy and of course, treatments. While I greatly value the many allies and friends who have supported me over those years, I still find sharing peer support with some pos friends one of the main things that sustains me through my now highly medicalised world with the spectre of ageing issues and co-morbidities looming closer every day.

The strongest memory I have of the 30th anniversary event was of the respect that the younger PLHIV present have for the history of the organisation and the elders, like myself, who somehow managed to survive such a traumatic time of death, grief and loss. This is not always the case in community organisations. Younger generations come along and fail to appreciate the contribution of the generations who have come before them, in their impatience to get on and make their mark in policy and advocacy and so on.

We need this energy and commitment and I salute the younger generations of PLHIV (and the older but more recently diagnosed people who join us) for their passion to make life better for their peers.

I got just as much of a strong feeling of empathy from that 30th anniversary celebration as I have had from my regular involvement with Living Positive Victoria in recent times. There is an understanding that the pioneers of the organisation had to be brave and resilient to counter the stigma and discrimination that they were subjected to by members of the public, health workers, public officials and of course the sensationalist media who regarded people with AIDS as 'harbingers of death'. Some people with AIDS were regarded as innocent and others, labelled supposedly guilty victims.

I think some of this empathy for us elders can be attributed to the experiences of more recently diagnosed people still having to go through some of the stigma and fear of rejection in coming out about their status. They know of the courage it takes to speak out and tell the people they most love about their diagnosis. Knowing that many in society still don't understand how little risk we are to anyone else, they intrinsically know that it was harder for those of us to come out when there were no treatments or ones that didn't make us undetectable. And knowing that horrible things like losing your job should be things of the past now with antidiscrimination policies in place.

The point of me writing this piece though is to remind us all that the central linchpin that has given us greater feelings of security about being HIV-positive these days is the positive voice organisations that support us. Living Positive Victoria has been part of the advocacy for change to government, to the health care system, to outdated laws on HIV criminalisation and to the national and state HIV strategies. These organisations are essential to our HIV community. They bond us all together. Thank you to the board, staff, volunteers and members for your continued commitment to making our organisation stronger and our lives better.

## ADAPTATION

For us to learn and grow we must draw on the experiences of our community and constantly update our understanding of the changing needs and expectations of people living with HIV. This understanding and growth comes from the evaluation of our programs and our partnerships to ensure our organisation keeps evolving alongside our communities.

## FINDING NEW PATHWAYS TO RESILIENCE

For heterosexual men, an HIV diagnosis can throw up added challenges. Living Positive Victoria's Peer Support Program has opened new pathways to tackling these challenges. Here's one of these stories.

*"After my diagnosis, I went to see a peer support worker from Living Positive Victoria, someone who's lived with the virus for a long time. That was when I met Anth, which was reassuring because I then felt like 'here's a real person living with HIV, living a completely normal life'. That was really powerful. Any doctor can tell you what they want but because they don't have HIV, you can't fully believe them when they say that 'you're going to be okay'. You actually need to meet someone living with HIV and speak to them.*

*The other important thing was going to the monthly dinner with straight guys that was run by Anth. It was incredibly nerve-racking at the start and I clearly remember feeling absolutely terrified, but I went to the first one and I thought it was amazing. There were a group of guys, all of them living with HIV, just speaking openly to each other. It was really powerful and I started going every month. Going to the dinners with other straight men was also a way to find out where all the supports are, and how to access them.*

*"LPV did amazingly well at providing me with someone to talk to when I first got diagnosed. I literally had no one to tell, no one to turn to, and all my family were overseas. I've got a few friends here but I didn't want to tell them.*

*So to have someone I could call up to speak to was an absolute godsend. Without that, I probably would've told the wrong people and regretted it and complicated things. LPV made help accessible and you were all very good listeners. I could say pretty much anything I wanted to say. And going to the dinners organised by LPV helped me realise I was not alone. It can be incredibly lonely at the start of living with HIV, so hearing other people's stories, and how similar they were to mine, was very comforting. And those events were happening every month without fail. That was a big thing."*

# ADAPTATION



## LEARNING FROM ONE ANOTHER

The genesis of the HIV & Ageing Project's peer support network had its beginnings from the success of our youth-focused program, GenNext. Just like GenNext, the peer support network has continued to thrive throughout 2018-2019.

The program strives to provide awareness around health promotion and offer opportunities to connect with others. Some of the issues covered so far have been:

- Dealing with Isolation and social connection;
- NDIS;
- Legal issues including Wills and Advanced Directives;
- Homecare;
- MyGov – access to medical record;
- Disclosure, particularly in a health care setting;
- HIV Treatments;
- HIV transmission including U=U.

Participation in our HIV & Ageing Project's peer support network has resulted in marked increases in self-confidence and resilience amongst the attendees. As with GenNext, we have seen meaningful and sustainable outcomes with participants going on to engage with other programs from our organisations, such as the Positive Speakers Bureau and HIV peer education training in order to gain facilitation skills.

Ageing with confidence isn't only about information and connection. To celebrate growing older should be a right of passage where nobody misses out. Our HIV & Ageing Project's peer support network offers outcomes that not only inform and connect, but add meaning and purpose to the lives of the participants when they often need it most.

## EXTENDING OUR REACH

Our peer navigators have gone from strength to strength this year. The implementation of the Peer Navigation program has improved our capacity to reach people in regional and rural areas, and to better support the needs of people of diverse cultural backgrounds, ages, gender and sexual identities, and with a diversity of lived experiences. It has also strengthened our relationships with HIV clinicians, social workers, nurses and psychologists.

Meeting a peer navigator at around the time of diagnosis can make a significant difference to the trajectory of their experience as people living with HIV. Clinic staff have reported that engagement with a peer navigator early after diagnosis supports people through their journey and helps keep them in care and socially connected. Peer navigators also connect with people who are disengaged from care or who have significant barriers to access care, supporting their social connection and engagement with clinical services.

The power of our peer navigators is their lived experience of HIV; they know what their clients are going through. They are also experienced in navigating the HIV health care system. Our peer navigators are living proof that it is possible to live a full, meaningful and healthy life with HIV, including engaging in loving relationships and having a family.

For many of our clients, peer support is the first step in gaining the support they need to live fully, bringing them into services such as Phoenix workshops, the camps and retreats and other services that directly support recovery, optimal health and social inclusion. Peer navigators utilise a strengths-based approach which focuses on individual needs and provides a positive role model for people living with HIV. They promote HIV health literacy and aim to equip their clients with the tools to actively manage their health, improving their autonomy. Where appropriate they act as advocates for their clients and connect people living with HIV to services within and outside the HIV sector.



Celebrating Long-term Survivors Day on 5 June 2019.

From left: Living Positive Victoria Health Promotion Officer Vic Perri, Living Positive Victoria CEO Richard Keane, community elders David Menadue and Ross Duffin.

## EMBRACING DIVERSITY

The Latin American cultural presence in Australia is growing as never before. The proportion of Latin American students in Australia has been steadily growing in the last seven years.

\*The number of student visas issued to Latin American citizens rose 34% between 2006 and 2013. Although students from Asia still comprise the vast majority of student visas (19.9% from China alone), the proportion of Latin Americans has been growing every year.

In response, an innovative project run by and for Latin Americans living with HIV has been co-founded by Living Positive Victoria and the Latin American and Hispanic Rainbow Community (LAHRC). This project is aimed specifically at LGBTI+ communities from Spanish and Portuguese speaking backgrounds living in Melbourne.

The project gives people the opportunity to not only seek support but to engage and explore some of the factors behind sexual risk taking and ways of staying safe. It includes structured peer-led group workshops that are friendly and confidential for people living with HIV. The workshops provide a non-judgemental environment where topics can be discussed openly. Topics may include, but are not limited to, sexual behaviour and health, treatment, stigma and resilience.

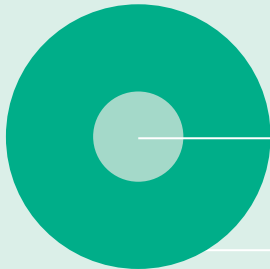
\* Source: <https://internationaleducation.gov.au/research/pages/data-and-research.aspx>

The objectives of the group are to:

- Provide support for LGBTI identifying people living with HIV from Latin American and Hispanic backgrounds in Melbourne;
- increase inclusion, engagement and accessibility to services and programs for this particular population;
- develop specific resources regarding HIV education and prevention to assist this specific group;
- facilitate cross-collaboration of CALD groups to find appropriate methodologies to deliver HIV services;
- facilitate discussion between small communities and organisations providing HIV services with the purpose of encouraging specific community participation by different populations.



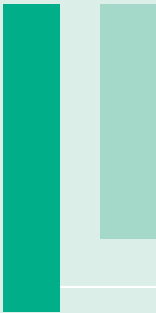
### PLHIV OVER AGED 50



**1986**  
5% Aged over 50

**2016**  
43% Aged over 50

### RESPONDENTS TO THE HIV FUTURES STUDY



**1997**  
Average age 38

**2019**  
Average age 50

### HIV & AGEING PROJECT



9 Workshops  
46 Participants  
39 Men and 7 Women

### LATIN AMERICAN & HISPANIC PEER HIV GROUP



2 Meetings  
60 Participants

## INFLUENCE

To have meaningful impact on our community, the programs and services we provide must improve the social, cultural, physical and mental wellbeing of our lives. The influence we can have on policy making, research and health literacy goes towards improving the quality of our lives.



Living Positive Victoria Health Promotion Officer, Tim Krulic (left) in Amsterdam for AIDS 2018.

## VISIBILITY AND REACH

The 22nd International AIDS Conference was held in Amsterdam from 23 - 27 July 2018. With over 15,000 delegates and 2000 volunteers, it is the largest health and development conference in the world making it a key driver of the global HIV response. In 2018, the role of community, peer organisations and youth were central.

In the lead up to the conference, Living Positive Victoria's social group for youth and young people living with HIV, Gen Next, was engaged by the Amsterdam Youth Force to share the stories and lived experiences of our members at the conference. Living Positive Victoria's U=U campaign was featured prominently by our staff, volunteers, friends, activists and allies alike during the community march ahead of the official opening.

During the conference, Living Positive Victoria's Director of Programs and People, Suzy Malhotra, joined a panel to speak to Living Positive Victoria's involvement with the W3 (What Works and Why) framework, which has applied systems-thinking to understand the role of peer-led programs in an HIV and hepatitis C public health response.

Living Positive Victoria's Disclosure Sofa was activated as part of the Global Village at AIDS 2018 – a place where communities from all over the world gather to meet, inspire and influence the global HIV response during the conference. Living Positive Victoria invited visitors tell their own stories of disclosure to address stigma and

create greater awareness of the issues related to HIV disclosure globally. Delegates were invited to share and video-record their stories and ideas about resilience and HIV disclosure. Over 50 stories were recorded and came from all over the world, including Australia, Canada, the USA, Thailand, Ukraine, Portugal, Kenya, Holland, Nigeria, the UK, Cameroon, Zimbabwe, South Africa, Malawi, Uganda and Lebanon. Stories were collected from a range of contributors, including people living with HIV, community and social workers, activists and researchers.

The 3rd Living Loving in Diversity Conference was held between September 21 and 23 2018 in Melbourne. The conference focuses on multicultural and multifaith LGBTI people and their communities. Living Positive Victoria was proud to participate as a sponsor for this event.

Our staff and volunteers engaged delegates with up-to-date knowledge of HIV with our multi-lingual 'The Facts' resources. As part of the program, Business Support Officer, Cristian Cortes Garzon, was invited to speak about his work with the Latin American and Hispanic Rainbow Community (LAHRC) group. Our Disclosure Sofa also welcomed conference delegates to share their stories of HIV and disclosure and talk about how sharing their lived experiences of HIV can reduce stigma and promote the health and wellbeing of diverse communities.

# INFLUENCE



## BUILDING CAPACITY AND CREATING LEADERS

The Positive Leadership Development Institute (PLDI) is a much anticipated and acknowledged leadership program that prides itself on its diversity and strength of pragmatic and sustainable outcomes to build resilience and leadership qualities for people living with HIV.

In 2018-19 three workshops were held across Australasia including Victoria, New South Wales and New Zealand. There was a total of 36 participants from a range of diverse genders, sexualities, ages and locations. Participants graduated equipped with skills to enhance their ability to become better leaders of social change and advocates in the fight against stigma and discrimination for people living with HIV.

The PLDI Scholarship Program awarded \$11,723 to fund 19 people to attend the workshops. Scholarships cover course fees, travel and accommodation expenses of attending participants. This support minimises the barriers for people attending PLDI and ensures we can continue to deliver inclusive workshops throughout the year.

Graduates of 2018-19 included nine women, 24 men and three indigenous New Zealanders (Maori).

***“The fear of stigma made me feel as if I couldn’t lead – that no one would follow me or that I didn’t have enough to say. I now know that I can lead, that I can own my role, not just within the HIV community, but across my entire life.”***

Jackie, PLDI graduate 2018.

## NOTHING ABOUT US WITHOUT US

The MIPA Principle (Meaningful involvement of People Living with and affected by HIV) is enshrined in all of the work that Living Positive Victoria does. We work under the NGO Code of Good Practice encompassing MIPA.

MIPA is a principle defined by UNAIDS and endorsed by 192 countries. The principle espouses a vision where all people live with dignity, equal rights and equity of access to treatment, care and support.

The primacy of the voices of people living and affected by HIV is imperative, as their right to disclose or not disclose and their right to self-determination and empowerment.

We remain at the core of the HIV response by advocating for our meaningful involvement at all levels, and we ensure input into government policies and practice and all of our programs, projects and activities.

Our board, staff and volunteers are all trained in MIPA principles; and central to that is ensuring we remain vigilant to keep our members engaged and informed about emerging issues and the solutions. We do this by ongoing leadership, consultation, planning and updating our responses across all our work.

Our peer navigators in high case-load clinics and Phoenix workshops allow newly diagnosed people to learn to live well with HIV and link people with the services they require to remain in care.

Peer-driven influence across our organisation ensures all people living with HIV have a program or project that is appropriate for them. From Gen Next for younger men, Phoenix for heterosexual men and women and to the HIV+ Ageing Project for ageing members.

Evaluation of all our programs provides the evidence that shows peer-led programs are effective and accountable.

To do this we have implemented the Latrobe University W3 (What works and why) program. The data provided from W3 is a crucial component for quality improvement and ongoing funding and grants.

With the endorsement of U=U, we have updated all our resources and programs to reflect how important it is that all people living with HIV can use the U=U message effectively to challenge stigma and discrimination they may encounter.



## TELLING STORIES AND OPENING MINDS

The Positive Speakers Bureau is a peer-led, community-based program that allows a broad audience to participate in the HIV response and to influence social and cultural change. The speakers demonstrate outstanding advocacy by sharing their personal stories and challenging long-held stigmatising perceptions about HIV. The bureau is as influential today as it was when it began in 1992 by continuing to communicate the ever-changing issues around the reality of living with HIV in 2019.

With support from sponsors and donors we continue to be able to subsidise talks to schools and organisations who are financially disadvantaged. Income generated from talks provided to the corporate sector, health and government agencies and private enterprise is able to help fund the organisational and administrative aspects of the program.

This year, seven new speakers were recruited as trainees. The bureau delivered two public speaking and advanced communication workshops to 11 participants. Individual coaching sessions were provided to 17 speakers to enable effective communication and presentation skills.

World AIDS Day in 2018 was another opportunity for Living Positive Victoria to work with community, health and government sector bodies to influence change within the HIV community and send key messages to researchers, politicians and community leaders.

The launch was attended by 150 people, followed by a community forum that presented the audience with a discussion around the theme *Living and Ageing with HIV – Rising to the Challenge*. Continued discussions around this important theme will pave the way for people living with HIV today and into the future.

## REACHING DIGITAL AUDIENCES

The continued development of our web and social media presence has attracted diverse interest in the activities of Living Positive Victoria across a range of information, activities and programs.

During the 2018-19 period, the greatest areas of interests shown by our followers were engagements on significant days of recognition and remembrance such as World AIDS Day 2018 and the 2019 International AIDS Candlelight Memorial. Social media posts regarding World AIDS Day 2018 reached over 12,000 people and sparked over 300 engagements.

Activities associated with our 30th Anniversary also attracted large numbers of engagement, reaching over 8000 people and 1000 engaging through chats and discussions.

Living Positive Victoria's digital audience seems particularly interested in the volunteer and career opportunities within our organisation. Posts promoting the peer navigator positions received over 600 engagements and reached an audience of nearly 3000. This reflects the degree to which our on-line community believes in the work we do and further demonstrates a desire to be more involved with our organisation and its operations. Opportunities for channelling lived experience into professional development are very exciting for socially and politically active communities such as ours. This creates a feeling of empowerment through inclusion.

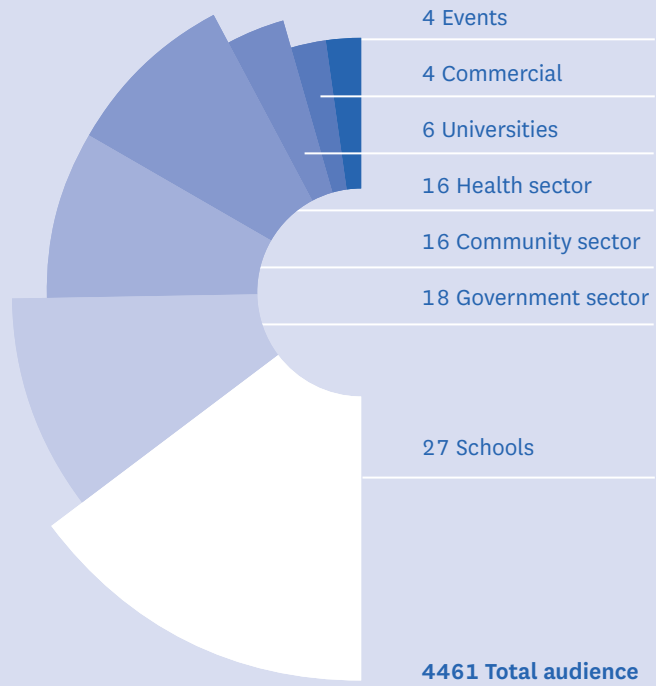
Our social media followers have been very engaged with posts that raise awareness and visibility of the positive members of the community in the media. HIV 'coming out' stories of singer, Conchita Wurst and Australian gay rights activist, Steven Spencer, reached over 3000 people with over 600 engagements. This further reaffirms the importance of driving visibility to create awareness around all of the issues that are of interest to our community.

Our presence at this year's RMIT Student Open Day and the annual LGBTIQ ChillOut Festival in Daylesford achieved high levels of engagement, indicating that our health promotion and peer engagement activities are valued over a diverse spread of demographic.

***“The speakers were both very engaging, providing not only health information, but by sharing their personal stories so openly. This had quite an impact on a number of students, one in particular commenting she was really moved. Talks such as this complement our curriculum work on mental health, making such an impact on young people”.***

Keilor Downs College

## POSITIVE SPEAKERS BUREAU



## SOCIAL MEDIA



Living Positive Victoria's World AIDS Day posts on 1 December 2018 reached over **12,000 people**



Living Positive Victoria's posts on the new Peer Navigator opportunities reached nearly **3000 people**

***“Board engagement is critical for the community-led HIV response, and one key form of meaningful community engagement of people living with HIV”.***

Adam Ehm, President

Name	Term Start	Current/Finish Date	Meetings able to attend	Attendance
Christabel Millar	July 15	Oct 18	3	3
Anthony Bendall	May 17	Oct 18	3	3
Peter Collins	Sept 16	Oct 18	3	3
Rick Fiedler	May 17	Current	10	8
Jeffrey Robertson	Sept 16	Current	10	9
Judith Arndt (co-opted)	April 18	Current	10	9
Adam Ehm	May 17	Current	10	10
Matt Poulton	Oct 18	Current	7	5
David Hand (co-opted)	Nov 18	Current	7	6
Andy Holsten	Oct 18	Current	7	6
Shirley Shen (co-opted)	Feb 19	June 19	5	2
Jared Stern	Feb 19	Current	5	5

***“If you look at our staff and the people who make up our team, we really do reflect the diversity of the community”.***

Tim Krulic, Health Promotion Officer

Richard Keane	Chief Executive Officer
Suzy Malhotra	Director Programs and People
Sara Graham	Peer Support Manager
David Westlake	Business Support Manager
Cristian Cortez Garzon	Business Support Officer
Max Niggel	Speakers Bureau Coordinator
Brenton Geyer (from November 2018)	Senior Communications Officer
Craig Burnett (from March 2019)	Senior Policy and Research Officer
Sarah Hocking	Health Promotion Officer
Tim Krulic	Health Promotion Officer
Vic Perri	Health Promotion Officer
Dimitri Daskalakis	Health Promotion Officer
Anth McCarthy	Peer Navigator
Sarah Feagan (from August 2018)	Peer Navigator
Aashvin Jeevan	Peer Navigator

# BOARD AND STAFF

The Positive Community Awards are an opportunity for Living Positive Victoria and our community to recognise and celebrate the outstanding service, practice and support of individuals, groups and organisations. Together our efforts advance the human rights and wellbeing of people living with HIV and empower all people affected by HIV to be part of the response that seeks to end the epidemic.

## VOLUNTEER OF THE YEAR

### **Craig Duncan**

Awarded to a volunteer who has provided outstanding service contributing towards our vision of a world where people living with HIV in Victoria live their lives to their full potential, in good health and free from discrimination.

## POSITIVE HEALTH AND WELLBEING AWARD

### **Australian Research Centre in Sex, Health and Society**

Awarded to an individual, group or organisation that has made an exceptional contribution to supporting, building and delivering excellence in health care, research and health promotion initiatives which improve the health and wellbeing of people living with HIV in Victoria.

## PRESIDENT'S AWARD

### **David Menadue**

Awarded at the discretion of the President to an individual, group or organisation within the broader community that has demonstrated visionary leadership in improving the quality of life for HIV-positive people. Often the recipient will have served over a long period and contributed to high level improvements in services for HIV-positive people and to an increased awareness of HIV issues.

## SPECIAL ACKNOWLEDGEMENT AWARD

### **Bruce McKenzie**

Awarded to an individual, group or organisation that has had a significant impact on the lives of people living with HIV through a sustained and extraordinary contribution that supports and empowers our positive community.

# POSITIVE COMMUNITY AWARDS 2019

## LIVING POSITIVE VICTORIA FINANCIAL REPORT 2018-2019

Income	\$	%
Government grants	1,814,202	97%
Corporate grants	28,884	1.5%
Donations	16,679	0.9%
Speakers Bureau Income	6,971	0.4%
Other income	1,932	0.1%
Interest received	1,017	0.1%
<b>Total income</b>	<b>1,869,685</b>	<b>100%</b>

Expenditure	\$	%
Other personnel costs	1,153,450	60.4%
Coventry House costs	386,016	20.2%
Health promotion & positive education expenses	153,929	8.1%
Administration expenses	127,930	6.7%
Campaign expenses	35,329	1.9%
Speakers Bureau & Senior Voices expenses	24,504	1.3%
Governance expenses	20,034	1.0%
Grant expenses	8,385	0.4%
<b>Total expenditure</b>	<b>1,909,577</b>	<b>100%</b>
<b>Total surplus for the year</b>	<b>(39,892)</b>	

# MAKING OUR MONEY COUNT



## STATEMENT OF PROFIT AND LOSS FOR THE YEAR ENDED 30 JUNE 2019

	2019 \$	2018 \$
<b>Revenue</b>	<b>1,869,685</b>	<b>1,966,022</b>
<b>Expenses</b>		
Administration expenses	(127,930)	(246,810)
Campaign costs	(35,329)	(101,452)
Governance expenses	(20,034)	(49,200)
Grant costs	(8,385)	(12,108)
Health promotion & education expenses	(153,929)	(392,422)
Speakers Bureau & Senior Voices expenses	(24,504)	(243,857)
Other personnel costs	(1,153,450)	(432,459)
Coventry House expenses	(386,016)	(403,653)
<b>Current year surplus before income tax</b>	<b>(39,892)</b>	<b>84,061</b>
Income tax expense	-	-
<b>Total income surplus for the year</b>	<b>(39,892)</b>	<b>84,061</b>

## STATEMENT OF FINANCIAL POSITION FOR THE YEAR ENDED 30 JUNE 2019

	2019 \$	2018 \$
<b>Current Assets</b>		
Cash and cash equivalents	375,048	436,241
Trade and other receivables	10,787	1,008
Other current assets	134,688	51,626
<b>Total current assets</b>	<b>520,523</b>	<b>488,875</b>
<b>Non current assets</b>		
Property, plant and equipment	6,493	17,268
<b>Total non-current assets</b>	<b>6,493</b>	<b>17,268</b>
<b>Total assets</b>	<b>527,016</b>	<b>506,143</b>
<b>Current liabilities</b>		
Trade and other payables	197,010	158,722
Provisions	174,897	152,420
<b>Total liabilities</b>	<b>371,907</b>	<b>311,142</b>
<b>Net assets</b>	<b>155,109</b>	<b>195,001</b>
<b>Members funds</b>		
Accumulated funds	155,109	195,001
<b>Total equity</b>	<b>155,109</b>	<b>195,001</b>

Fully audited financial statements can be viewed at  
[livingpositivevictoria.org.au](http://livingpositivevictoria.org.au)

# FINANCIALS AT A GLANCE

ACON  
 Alfred Health  
 Allen Deppeler  
 Andrea Fischer  
 Andrew Way  
 ANZ South Melbourne  
 Boatbuilders Yard  
 Bolton Clarke  
 Prof. Edwina Wright  
 Australian Federation of AIDS Organisations  
 Australian Research Centre in Sex, Health & Society  
 Bev Trotter  
 Bill O' Loughlin  
 Bill Patterson  
 Blue Marine  
 Brooke Turnbull  
 Bruce Johnston  
 Carlos Ortiz  
 Cath Smith  
 Centre for Culture, Ethnicity and Health  
 Christabel Millar  
 City of Melbourne  
 City of Port Phillip – Access and Ageing Department  
 Colin Krycer  
 Connecting Up  
 Contributors to the HIV Disclosure Project  
 Craig Brennan  
 Daniel Burke  
 Daniel Cordner  
 David Menadue OAM  
 Dean Beck  
 Doherty Institute  
 Don Brand  
 Dr Alyson Campbell  
 Dr Chris Lemoh  
 Dr Clovis Palmer  
 Dr Eric Glare  
 Dr Graham Brown  
 Dr Jenny Hoy  
 Dr Margaret Hellard  
 Eric Darnell  
 Federation Square  
 Franz Kunz  
 Gilead  
 Google Australia  
 Haemophilia Foundation Australia  
 HALC NSW  
 Harm Reduction Victoria  
 HARP Service Barwon Health  
 Harsh Chopra  
 Helen Fay  
 Hepatitis Victoria  
 HIVE Legal  
 Howard Stoney  
 Hyperchromatics  
 Jackie Roberts  
 James Grant  
 James Houghton  
 James Seow  
 Jared Stern  
 Jeff Leong  
 Jeffrey Roberston  
 Jenny McDonald  
 Jimi Ferguson  
 Jodi O'Donnell  
 Joe Borg  
 John Carson  
 JOY 94.9  
 Judith Gorst  
 Julien Fournier  
 Kirby Institute  
 Laird Hotel  
 Liz Crock  
 Low Rez Male Choir  
 LQD Liquid Skin Care  
 Major St Publishing  
 Mantra Lorne  
 Marg Hayes  
 Mark Stooove  
 Matt Bottos  
 mHIVE – Melbourne HIV Exchange  
 Multicultural Community Action Network (M-CAN)  
 MECCA Cosmetics  
 Melbourne Sexual Health Centre  
 Microsoft Australia  
 Minuteman Press  
 Monash Health  
 Multicultural Hub  
 Nanette Presswell  
 Nathan Browne  
 National Association of People with HIV (NAPWHA)  
 Nic Dorward  
 Nick Warren  
 Nikki Norazmi Mohammad  
 North Richmond Community Health  
 Northside Clinic  
 North Western Melbourne Primary Health Network  
 – VIHHTAL program  
 Ography  
 Pat Garner  
 Paul Kidd  
 People to People  
 Peter Brokenshire  
 Peter Callanan  
 Peter Collins  
 Phillip Ryan  
 PLDI Partners and Facilitators  
 Positive Attitude Positive Life NSW  
 Positive Speakers Bureau Members  
 Positive Women Victoria  
 Prof. Andrew Way  
 RMIT  
 Prahran Market Clinic  
 Print Graphics  
 RACV Healesville Country Club  
 Red Party  
 Reuben Cheok  
 Richmond Lawn Bowls  
 Roderick Sharpe  
 Ro Allen  
 Ryan Sherbooke  
 Sam Kitchen  
 Sarah Garner  
 Scarlet Alliance: Australian sex workers association  
 Scruff Benevoloads  
 Sharon Lewin  
 Shatrughna Kunwar  
 Supre Schultz  
 Susan Paxton  
 Symphony 3  
 The Alfred Education and Resource Centre  
 The Alfred HIV Services Advisory Group  
 The Essential Ingredient  
 The Institute of Many (TIM)  
 Thorne Harbour Health  
 Timms Holden  
 Tony Maynard  
 Tracey Lamaro  
 Trish Thompson  
 Victoria Police  
 VAHS (Vic Aboriginal Health Service)  
 Victorian African Health Action Network  
 Victorian College of the Arts  
 Victorian Department of Health and Human Services  
 Victorian HIV Legal Working Group  
 ViiV Healthcare  
 Vixen Collective: Victoria's peer-only sex  
 worker organisation  
 Warren Donald  
 Zen Andra

# WITH THANKS

**SHARE MY LOVE**  
**I CAN'T PASS IT ON**





**I'M ON EFFECTIVE HIV TREATMENT  
I CAN'T PASS THE VIRUS ON**



living positive victoria